

Mystical Childhood Interview Format

Background:

Name

Age

Describe your childhood:

Where did you grow up?

How many children were in your family? What was your place among them?

Were you happy as a child?

Tell an anecdote that will show your family

Think of your family in a typical moment.

Think of yourself as a child.

What did you look like?

What kind of child were you? Tell the story of each that applies:

Athletic?

Adventuresome?

Mischievous?

Enthusiastic and lively or quiet and thoughtful?

Creative--how did your express itself?

Did you do projects?

What did you like to play?

Describe your relationships with others

Other children

Your family

What was school like for you? How did you see its place in your life?

What was your religious background? Describe its importance to you.

What was important to you as a child?

What was your worldview?

Did you find the world a friendly or hostile place?

Did you feel at home?

Did you think you'd get what you want? Did you get it?

Describe the structure of world power and your place in it.

What was your dream for your life?

Experiences of inner life:

Describe any spiritual or interior experiences in childhood, that is, through age twenty. At about what age were you in each experience?

Some areas of life to consider:

Times of day:

While awake, occasions in activity

Sleeping, dreaming,

Going to sleep, while waking up--naptime and at night

General perception:

Five senses

Physical sensations

Emotional experiences

Awareness--inner silence, significant thoughts, state of consciousness

Specific perception:

Visions, auditory experiences

Heightened sensory awareness

God, angels, fairies, other planes of existence

Light or lights

Interaction with beings:

Other people

God

Companions, friends others may have described to you as "imaginary"

Angels, elves, fairies, etc.

Experiences with nature

Extraordinary abilities

Enhanced creativity

Superhuman feats--strength, speed, athletic or other performance

Becoming invisible, flying

Psychic abilities

How did you feel about your experience at the time? Was there a

Feeling of assurance?

Magic?

Being cared for?

Fear or a sense of loss or other strong emotion during or following the experience?

How did you explain these adventures to yourself?

Did you ever tell anyone about them? Why or why not? If yes, what response did you receive?

How have these occurrences affected you into the present?

Current events:

Who are you now? What do you do?

What is your career?

Describe your career journey?

How would you describe yourself? Your personality?

How would your friends describe you?

What do you do for fun?

What place does your spiritual life have for you today?

Please share your writings and art work via email.

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